

NEWSFLASH 14AUGUST 2024 – ACTIVITIES SPECIAL

New and Recurring Activities

Pickleball

This is a repeat of a fun activity convened by Merrin McTaggart. Pickleball is a fun sport that combines the elements of tennis, badminton and table tennis. The racquet is slightly bigger than a table tennis bat. Both singles and doubles can be played. **Enrol via UMAS** please.

Date/time: Monday 26th August, 10.30-12.30

Venue: Altona Badminton Courts

Cost: \$10.00 to be paid to the Centre

Wear: Clothes and shoes for sports activity. Bring water.

For more information on **Pickleball**, click the link below:

[Pickleball Victoria: Home](#)

Current Affairs – US Electoral Process, is it just WEIRD?????

Come and join our Current Affairs activity on Thursday 22nd August at 10 - 11.30 am when Peter Newbury, historian will explain the US Electoral Process to us. Peter studied and worked in the US and has an interest in the process and will explain the system to us. All members are welcome. No need to enrol on UMAS or RSVP. Just turn up.

Where: Digman Reserve Clubrooms, Hobson Street, Newport. Time: 10 - 11.30 am.

Comparative Religions

This new activity will cover a general introduction into religions and then look at the Abrahamic religions (Judaism, Christianity and Islam), Asian religions (Hinduism and Buddhism) and finally Indigenous Spirituality. We will look at the main elements of each religion and then discuss/view the religion from our own personal situation. There will be two sessions held as visits, one at the Newport Mosque and the other at Yarraville Buddhist Temple. 8 sessions will be held at the Pavilion, Bayside Secondary College, 10-11.30 Wednesdays starting October 16th. See UMAS to enrol.

Blokes Get Together

Our U3A is a bit behind the eight-ball in so far as male participation in our organisation. Statewide enrolments in U3A by men are about 25% while we sit at 18%. In order to research what would make U3A more attractive to men, we are having a men's dinner at the Customs House Hotel, Williamstown, 17th October. You (men wanting to join the activity) are encouraged to bring a non-member friend as we will discuss how to make our U3A more attractive. Further detail and to enrol, go to UMAS. If bringing a friend, communicate this via: info@u3ahbwilli.org.au

Forthcoming activities

The following activities are being planned. Details as finalised in Newsflashes to come:

- Planning a Funeral (probably Term 4 and focussing on what needs to be done when you have to organise or assist in organising a funeral)
- Beginners Mah Jong (Term 4)
- Xmas Party (December)
- Life Saving Victoria Beach Program (Later in year as the water warms up and focussing on beach safety)
- Beginners Chess (2025)

Activity seeking Expressions of Interest

Anyone out there want to be part of a Woodwind Ensemble? Ann Goodwin is offering this activity. She has played in a Training Band so I understand the Beginner position. Possible days: Tuesday or Thursday afternoon weekly for 4-6 weeks. Session for one hour from 1.30pm. Start Term 4. Ability to read sheet music not essential but having a 'good ear' for a familiar tune helpful. Hobby musicians and Beginners welcome. Woodwind instruments could include recorder, flute, clarinet, saxophone. Other instruments could include Voice, Keyboard, Drum, Percussion. Respond via info@u3ahbwilli.org.au for further information or if interested.

There are still vacancies in a number of activities, so if you're looking for a new challenge or activity, check out our website: <https://u3ahbwilli.org.au>

Non-U3A activities members may be interested in.

These activities are NOT U3A activities and U3A gives no guarantees about their quality!

Walking Football

Walking Football (Soccer) does not involve running and is a non-contact activity for men and women of all ages and fitness level. It is a social activity for fun and a bit of exercise and no experience is necessary. The activity is free and held each Wednesday morning, 10.00 to 11.00am, Sports Centre, Andrews Park Drive, Altona. If interested Contact Mike: mike.j.hamilton@outlook.com or 0423291708.

Three Sides of the Coin

Tim Costello presents an event (free of charge) that highlights the impacts of harm from gambling. Wednesday 21st August, 6pm at Chamber of the Williamstown Town Hall.

For further information go to the Hobsons Bay City Council website at: <https://www.hobsonsbay.vic.gov.au/Community/Whats-On/Tackling-Gambling-Harm-in-Hobsons-Bay>

Arts at Your Doorstep

This offering is Council's annual performing arts program, bringing professional theatre, comedy, live music and more to audiences in Hobsons Bay. Check out the events here:

[Hobsons Bay](#)

<https://www.hobsonsbay.vic.gov.au › Arts-Events-Culture>

